Reversal of Vision Metamorphopsia

Clinical and Anatomical Characteristics

Yaron River, MD; Tamir Ben Hur, MD, PhD; Israel Steiner, MD

Background: Metamorphopsia is a visual illusion that distorts the size, shape, or inclination of objects. Reversal of vision metamorphopsia (RVM) is a rare transient form of metamorphopsia described as an upside-down, 180° rotation of the visual field in the coronal plane. The pathophysiological characteristics of RVM remain unclear.

Design: Patients with RVM had a complete neurologic examination during or shortly after an episode of metamorphopsia, with particular emphasis on gaze disorders, visual fields, visually guided hand movements, and perceptual or cognitive deficits. Workup included imaging studies, visual field examinations, and brainstem auditory and visual evoked response.

Setting: Department of Neurology, Hadassah University Hospital, Hebrew University-Hadassah Medical School, Jerusalem, Israel.

Patients: Six consecutive patients were evaluated from 1991 to 1996.

Results: Five patients had parieto-occipital brain insult sparing the primary visual cortex, and 3 also had evidence of a concomitant brainstem or cerebellar syndrome. One patient had pure brainstem syndrome underlying the RVM. Three patients had complete RVM as well as oblique RVM of less than 180°.

Conclusions: These cases imply a possible anatomical localization of the central integrator of visual extrapersonal orientation. Our observations suggest that a separate central mechanism of visual orientation might exist in each cerebral hemisphere and that occipital and parietal lesions that spare the optic radiations may account for the oblique and complete RVM. We postulate that failure to perceive space in an allocentric coordinate frame, particularly in the coronal roll plane, is potentially the critical event underlying RVM.

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Metamorphopsia is characterized by an optic illusion that alters the size, shape, or angulation of objects. It is a rare manifestation of an acute central nervous system insult, mainly to the visual or vestibular systems. Reversal of vision metamorphopsia (RVM) is a transient form of metamorphopsia described as an upside-down, 180° alteration of the visual field in the coronal plane. The first case of RVM was reported by Winslow in 1868 as a transient phenomenon of hysteria. The transient nature of this phenomenon was clearly evident in this early report as well as in subsequent cases. Only rarely was it observed as a stable phenomenon lasting days or weeks. Klopp reviewed the German literature and added 3 of his RVM cases. He was able to find 13 patients with this disorder: 2 had nonorganic or psychogenic disturbance, 5 had cortical (mainly parietal) lesions, 4 had brainstem lesions, and 2 had cerebellar lesions. The causes of RVM are diverse, including head trauma, tumors, and stroke. Klopp suggested that RVM is not caused by an insult to the optic pathways but rather by a central nervous system disturbance of the vestibular system affecting the perception of the body in space or the perception of the subjective visual vertical.

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The most thorough review of RVM is by Solms et al, who analyzed 21 cases. They conclude that RVM is a transient, sudden, and paroxysmal phenomenon. It is perceived as an actual torsion of the visual array with 180° rotation in the coronal plane, usually in a clockwise direction. Tilting of the visual field less than 180° (for example, 90°) in the coronal roll plane, is potentially the critical event underlying RVM.
plane or RVM of the sagittal and horizontal planes is associated with common coronal RVM in some of the cases reviewed by Solms et al. Vertigo and malaise are common, but distorted egocentric orientation (ie, the patient experiences standing on his head or feels that his body is tilted away from the vertical) is rare.

In the last 5 years, we have observed 6 patients with RVM. Our evaluation of these cases has contributed to our understanding of this disorder.

REPORT OF CASES

CASE 1

A 60-year-old patient was admitted to the emergency department reporting that he suddenly heard a “loud voice” immediately followed by dizziness and weakness in his right hand. His medical history included hypertension, hypercholesterolemia, type 2 diabetes mellitus, and ischemic heart disease. On examination, the patient’s blood pressure was 160/100 mm Hg and his pulse was 60/min and regular. Findings from a general physical examination were normal. Neurologic examination revealed a conscious, fully alert, and mentally intact patient with right-sided dysmetria, gait ataxia with a tendency to fall to the right, and a horizontal rotatory nystagmus on right lateral gaze. A vertical nystagmus was observed on gazing upward. Eight hours after the appearance of dizziness and weakness in the right hand, the patient experienced a visual disturbance. The objects in his right visual field appeared upside down. People were seen walking on their heads, the windows close to the ceiling were within reach of his hands, and a cup stood “upside down” on the shelf but the “tea did not spill out” (all the objects including the shelf were upside down). In his left visual field, the patient perceived objects as tilted in a counterclockwise direction (45°-90°, Figure 1). The visual symptoms lasted for 3 hours and then remitted spontaneously. After remission, results from a visual field examination were normal. Findings from a brain computed tomographic scan, an electroencephalogram, and a cerebrospinal fluid examination were within normal limits. Bilateral visual evoked potential recordings showed normal configuration and latency of the P100 wave. Brainstem auditory response was normal on the left side. Findings from a neurologic examination were normal. Two hours after the vertiginous attack, he had a complete RVM that lasted for approximately half an hour (Figure 1, C). The RVM momentarily disappeared when the patient saw the flame of a match or his hand moving in front of him. A computed tomographic scan demonstrated bilateral occipital stroke occupying Brodmann area 18 (Figure 4).

CASE 2

A 70-year-old patient with hypertension and diabetes had an episode of true vertigo 1 month before admission for repeated episodes of vertigo and instability of gait. Findings from a neurologic examination showed left cerebellar syndrome, left horizontal nystagmus, and a transient absence of the right optokinetic nystagmus. The patient’s visual fields were normal. Two hours after the vertiginous attack, he had a complete RVM that lasted for approximately half an hour (Figure 1, C). The RVM momentarily disappeared when the patient saw the flame of a match or his hand moving in front of him. A computed tomographic scan demonstrated bilateral occipital stroke occupying Brodmann area 18 (Figure 4).

CASE 3

A 79-year-old patient with hypertension was admitted because of acute vertigo. On examination, bilateral cerebellar and pyramidal tract signs were observed but the patient was neurologically stable. Results from a computed tomographic scan were normal. A few hours after admission, the acute episode of vertigo disappeared but the patient developed a sensation of body levitation followed by a counterclockwise rotation of his visual fields. Within 10 minutes, he experienced a complete RVM. He saw people walking on their heads, and the...
floor next to his bed appeared to be over his head. To the patient’s embarrassment, he made the wrong hand movements when he tried to cover himself with the blanket or to pick up a cup of tea. On examination shortly after the episode of metamorphopsia had disappeared, gaze apraxia with preserved oculocephalic reflexes to all directions was noted. In addition, the patient had optic ataxia without simultanagnosia. When presented with an object in his right upper visual field, he directed his hands to his lower left hemispace. The patient correctly identified the chirality of hands presented to him. His condition stabilized, and results from a repeated neurologic examination the next day were normal aside from bilateral pyramidal tract signs and a mild gait ataxia. The clinical course and the neurologic findings suggested a vertebrobasilar stroke and a transient ischemic attack of the posterior circulation affecting the parietal lobes.

**CASE 4**

A 56-year-old woman had 4 years of recurrent episodes of true vertigo, near syncpe, speech disturbances, and inability to control her right hand. These episodes lasted for approximately an hour and sometimes were followed by severe occipital pain or hemi-crania. Several episodes were accompanied by a sensation of “heaviness” in her face and dysphagia. During 1 of the episodes, severe vertigo with weakness in the right hand and an inclination of the body to the right were accompanied by complete RVM that lasted 45 minutes and was interrupted by oblique clockwise-vision metamorphopsia (Figure 1, B). A repeated episode of oblique vision occurred a few months later and was associated with tilting of vision in the sagittal plane of less than 90°. The patient was admitted for an examination, the results of which revealed blood pressure of 120/80 mm Hg and a regular pulse of 88/min. Findings from a general physical and neurologic examination were normal apart from mild dysmetria on the right upper and lower extremities and upward vertical nystagmus. Results from a laboratory investigation revealed hypothyroidism and hyperlipidemia. The patient’s cerebrospinal fluid was normal without oligoclonal bands. There was no serologic evidence of a collagen vascular disease. Findings from an electroencephalogram and audiometry were normal. A brainstem evoked response study showed bilateral prolongation of the first to fifth interwave latency (>6 milliseconds; reference range, <5 milliseconds). T2-weighted magnetic resonance imaging demonstrated 4 small hyperintense foci in the white matter above and below the tentorium, which were compatible with the patient’s age. Since the patient had experienced severe headaches during some of the episodes, a tentative diagnosis of basilar migraine was made and treatment with propranolol hydrochloride was started at 160 mg/d. A dramatic improvement in both the severity and frequency of the episodes ensued. Also of note was the considerable reduction in some of the

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**Figure 2.** Axial T2-weighted magnetic resonance imaging scan (repetition time, 2200 milliseconds; echo time, 80 milliseconds) through the occipital regions of patient 1 demonstrating fresh infarcts of both occipital lobes, Brodmann areas 17 and 18, which spare the occipital poles (arrows). The assignment of the lesions was based on the study by Damasio and Damasio.

**Figure 3.** Axial T2-weighted magnetic resonance imaging scan (repetition time, 2200 milliseconds; echo time, 80 milliseconds) through the superior cerebellar regions of patient 1 demonstrating fresh infarct of the right superior cerebellar region and middle cerebellar peduncle. The dark hypodense regions in the right cerebellar and left occipital infarcts represent acute hemorrhage.
CASE 5

A 54-year-old patient was admitted because of recurrent seizures. His medical history included severe ischemic heart disease and angina pectoris, diabetes mellitus with diabetic retinopathy and neuropathy, and peripheral vascular disease. A right hemispheric cerebrovascular accident had caused a left hemihypoesthesia 10 years before his present admission. Two weeks before admission, the patient had episodes of confusion, delusions, and visual hallucinosis, with the experience that somebody was nearby when he was alone. In addition, the patient experienced recurrent twitching of the left side of his face. On the day of his admission, the patient experienced multiple adverse seizures with deviation of the eyes and head to the left and tonic convulsions of the left hand. He reported seeing a stereotypic visual aura: a dark tunnel ending with a bright flash of light. On 3 occasions, the patient had complete RVM postictally, which lasted for approximately 5 to 10 minutes, during which he was fully oriented and not confused (Figure 1, C). Findings from a neurologic examination revealed mild left hemihypoesthesia and hemiparesis, hypometric saccades to the left, disturbed eye pursuit movements to the right, disturbed left optokinetic nystagmus, and transient left hemianopia. A few hours later, the patient’s ocular and visual disturbance disappeared, but left hemiparesis and hemihypoesthesia persisted. Results from a computed tomographic scan with contrast material demonstrated right parietal enhancement.

Results from an electroencephalogram performed a few minutes after the disappearance of metamorphopsia showed slow theta and delta background activity with focal epileptiform activity in the right parietal and posterior temporal regions. The patient was treated with continuous intravenous diazepam and the seizures ceased within 48 hours.

CASE 6

A 75-year-old patient who was a heavy smoker with chronic obstructive lung disease and ischemic heart disease was involved in a car crash. He sustained polytrauma, including brain concussion and laceration of the scalp. Results from a computed tomographic scan showed a left temporo-occipital linear skull fracture without parenchymal brain injury. The morning after the crash, the patient woke up and saw people around him walking on their heads, his entire visual field turned completely upside down. This phenomenon lasted for approximately half an hour and recurred 48 hours later for a short period. Findings from a neurologic examination after the second episode of metamorphopsia were normal. Neither ocular motility abnormality nor cerebellar dysfunction were observed.

COMMENT

Thirty cases of RVM have been reported in the literature.3-21 A critical analysis of these cases and our own observations allow us to draw certain conclusions regarding the clinical and pathophysiological aspects of this phenomenon.

Reversal of vision was a transient phenomenon in all of our patients. It involved the rotation of the entire visual array without distorting other features of the extrapersonal space. Body sense disturbances with inclination or levitation of the body occurred in 3 patients (cases 1, 3, and 4), but was relatively mild when metamorphopsia occurred. In addition, none of the patients experienced a complete reversal of their bodies in space (ie, no patients had nonvisual perceptions of walking on their heads). Only 5 patients (16%) described in the literature had dramatic alterations in body sense, such as body tilt, a sense of complete body reversal, or head tilt.5,7,8,13,20 All except Halpern’s7 patient had an insult to the brainstem. These findings suggest that RVM is primarily a visual illusion of the extrapersonal space, and that the alteration of the body scheme is the result of a dysfunction of vestibular centers in the brainstem. Alternatively, body scheme disorders could be epiphenomena. This conclusion is supported by the early experiments of Stratton,22 who used goggles that reinverted the retinal image. The visual scene was inverted in the coronal (upside down) and horizontal (right to left) planes. Consequently, one’s sense of body parts and whole body position was acutely altered.

Transient recovery from metamorphopsia occurred in 1 of our patients (case 2) when he moved his hand in front of him or in response to a familiar visual object with a certain orientation. This is an important observa-
Patients With Reversal of Vision Metamorphopsia (RVM)*

<table>
<thead>
<tr>
<th>Patient No./Age/Sex</th>
<th>Cause</th>
<th>Duration of RVM (No. of Episodes)</th>
<th>Signs and Symptoms</th>
<th>Associated Disease</th>
<th>Ocular Motility Disorder</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/60/M</td>
<td>Bilateral occipital and cerebellar CVA</td>
<td>3 h</td>
<td>Right cerebellar syndrome</td>
<td>Hypertension and IHD</td>
<td>Right horizontal and rotary nystagmus</td>
</tr>
<tr>
<td>2/70/M</td>
<td>Vertebrobasilar TIA</td>
<td>30 min</td>
<td>Left cerebellar syndrome</td>
<td>Hypertension and DM</td>
<td>Left horizontal nystagmus and decreased right OKN</td>
</tr>
<tr>
<td>3/79/M, 4/56/F</td>
<td>Brainstem CVA, Basilar migraine</td>
<td>10 min, 45 min (3)</td>
<td>Optic ataxia and gaze apraxia, Right clumsy hand</td>
<td>Hypertension, Hyperlipidemia and hypothyroidism</td>
<td>Gaze apraxia, Vertical nystagmus</td>
</tr>
<tr>
<td>5/54/M</td>
<td>Complex partial seizure</td>
<td>5-10 min (3)</td>
<td>Transient left hemianopia and left hemihyypoesthesia</td>
<td>Hyperlipidemia, DM, and IHD</td>
<td>Disturbed pursuit eye movements</td>
</tr>
<tr>
<td>6/75/M</td>
<td>Brain concussion and left occipitotemporal fracture</td>
<td>30 min (2)</td>
<td>NA</td>
<td>NA</td>
<td>NA</td>
</tr>
</tbody>
</table>

* CVA indicates cerebrovascular accident; IHD, ischemic heart disease; TIA, transient ischemic attack; DM, diabetes mellitus; OKN, optokinetic nystagmus; and NA, not applicable.
evoked response was unilaterally or bilaterally abnormal in 2 patients (cases 1 and 4). Four patients had vertigo, cerebellar signs, or even brainstem cerebrovascular accident prior to metamorphopsia (cases 1-4). One patient (case 3) had signs of Balint syndrome. Although most of our patients had a cortical parieto-occipital syndrome, such conditions were not reflected in previous cases. When the site of the insult was documented in patients with RVM, it was found to involve 2 main regions, the parieto-occipital region and the brainstem.8 If we include our patients, 7 (16%) of 36 patients (30 previous cases and our own 6 patients) had a brainstem lesion.12,19,20,22 Three patients had a medullary insult,9,13 4 had a cerebellar lesion,12,14,19,20 and 7 had a parieto-occipital lesion.7,9,11,13 One patient had an unusual frontal lesion9 (in addition to the case of Halpern7 with cys-ticercosis involving mostly the parieto-occipital region but also the frontal lobes). One patient (case 3) had transient vertebrobasilar ischemic attacks with brainstem and occipital lobe syndrome.21

Thus, 15 (41%) of 36 patients described in the literature had infratentorial lesions, whereas only 8 patients (22%) had parieto-occipital lesions. However, in many of the cases with brainstem syndromes, the cause was either a vertebrobasilar transient ischemic attack or a cerebrovascular accident. It is plausible that the actual phenomenon of RVM in patients with brainstem syndromes occurred when ischemia affected the parieto-occipital area rather than brainstem structures. Most of the cases of RVM were reported before the era of modern imaging. Therefore, it is conceivable that some of the patients with brainstem syndromes had concomitant parieto-occipital lesions.

What are the mechanisms underlying RVM? The spatial representation of visual stimuli in the central nervous system is formed by combining information from various modalities, both retinal and extraretinal. To create a valid representation of space, a series of coordinate frame transformations is performed. Retinal inflow is combined with ocular position information to produce head-centered representation.26-30 To represent body-centered coordinates, the 7a parietal cortex and the intraparietal area have neurons that respond to the eye position as well as the head position.30 The relationship between the relevant representation of visual stimuli and RVM is based on world-centered coordinates (allocentric). Information about the position of the head derives from otolith and vestibular inputs together with proprioceptive information from neck muscles. These signals, when combined with eye and retinal position information, can encode locations in world-based coordinates.26,31 Experiments in rats typified “direction tuned” cells, the activity of which were modulated by the orientation of the whole body. These cells in the posterior parietal region are multimodal cells. They are activated by both visual and integral vestibular signals to form the representation of space.30,32 We know that this orientation system is widely distributed in the central nervous system.30 This might explain the various locations of insults causing RVM. It is clear that both retinal and extraretinal disturbances can bring about a mismatch of information that would lead to RVM. Any transient inconsistent correspondence of vestibular information or lack of information due to a brainstem lesion would potentially lead to RVM. In particular, a disturbance of the central otolith pathway that would deprive higher brain centers of necessary information about the head position in the roll plane, which is the plane relevant to the phenomenon of RVM in most patients. Distinct areas in the brainstem that mediate vestibular tone in the horizontal, vertical, and roll planes have recently been discovered.33 Dysfunction of these specific regions in the brainstem might lead to vestibular tone imbalance, and that in turn would induce RVM along 1 or more of the principal orthogonal planes.

In conclusion, failure to perceive space in an allocentric coordinate frame, particularly in the coronal roll plane, is potentially the critical event underlying RVM. Reversal of vision is always a transient visual illusion caused by either brainstem or parieto-occipital lesions. It is a pure disorder of far space perception that should be clearly differentiated from certain body scheme disorders and other types of visual metamorphopsia. The polymodal nature of the neuronal network that governs the perception of allocentric coordinates and their widespread distribution in the central nervous system might allow for a rapid recovery from RVM when correct and new information is processed.

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Reprints: Yaron River, MD, Department of Neurology, Hadassah University Hospital, Hebrew University-Hadassah Medical School, PO Box 12000, Jerusalem 91120, Israel.

REFERENCES