Supplementary Online Content


eTable. Lipid Profile and Glucose Metabolism

This supplementary material has been provided by the authors to give readers additional information about their work.
# eTable. Lipid Profile and Glucose Metabolism

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Median (range)</th>
<th>Fraction (%) abnormal</th>
<th>Normal Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total cholesterol (mg/dL)</td>
<td>155 (94, 191)</td>
<td>Borderline 7/27 (26%)</td>
<td>Desirable &lt;170</td>
</tr>
<tr>
<td></td>
<td></td>
<td>High 0/27 (0%)</td>
<td>High &gt;200</td>
</tr>
<tr>
<td>LDL cholesterol (mg/dL)</td>
<td>97 (40, 133)</td>
<td>Borderline 6/27 (22%)</td>
<td>Desirable &lt;110</td>
</tr>
<tr>
<td></td>
<td></td>
<td>High 1/27 (4%)</td>
<td>High ≥130</td>
</tr>
<tr>
<td>HDL cholesterol (mg/dL)</td>
<td>32 (15, 87)</td>
<td>Low 17/27 (63%)</td>
<td>Desirable 36-109</td>
</tr>
<tr>
<td>Triglycerides (mg/dL)</td>
<td>73 (40, 406)</td>
<td>Borderline 4/27 (15%)</td>
<td>Desirable &lt;150</td>
</tr>
<tr>
<td></td>
<td></td>
<td>High 2/27 (7%)</td>
<td>High ≥200</td>
</tr>
<tr>
<td>Fasting glucose (mg/dL)</td>
<td>84 (41, 102)</td>
<td>1/27 (4%)</td>
<td>Normal &lt;100</td>
</tr>
<tr>
<td>Fasting insulin (µU/mL)</td>
<td>5.1 (0.2, 162.4)</td>
<td>13/27 (48%)</td>
<td>Normal &lt;5</td>
</tr>
<tr>
<td>HOMA-IR</td>
<td>1.1 (0.02, 35.7)</td>
<td>9/27 (33%)</td>
<td>Normal &lt;2.5</td>
</tr>
</tbody>
</table>

Data are presented as median (range) or frequency (%). HDL indicates high density lipoprotein; HOMA-IR, homeostasis model assessment-insulin resistance