Noninvasive Coronary Angiography With Multislice Computed Tomography

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Context Multislice computed tomography (MSCT) has recently evolved as a modality for noninvasive coronary imaging.

Objective To assess the accuracy and robustness of MSCT vs the criterion standard of invasive coronary angiography for detection of obstructive coronary artery disease.

Design, Setting, and Patients Prospective, single-center study conducted in a referral center setting in Germany and enrolling 103 consecutive patients (mean age, 61.5 [SD, 9.7] years) from November 2003–August 2004 who were undergoing both invasive coronary angiography and MSCT using a scanner with 16 detector rows.

Main Outcome Measures Blinded results for both modalities compared using the patient as the primary unit of analysis, with supplementary segment- and vessel-based analyses.

Results One thousand three hundred eighty-four segments (≥1.5 mm diameter) were identified by invasive coronary angiography; nondiagnostic image quality of MSCT was identified for only 88 (6.4%) of these segments, mainly due to faster heart rates. Compared with invasive coronary angiography for detection of significant lesions (>50% stenosis), segment-based sensitivity, specificity, and positive and negative predictive values of MSCT were 95%, 98%, 87%, and 99%, respectively. Quantitative comparison of MSCT and invasive coronary angiography showed good correlation (r = 0.87, P < .001), with MSCT systematically measuring greater-percentage stenoses (bias, +12%). In the patient-based analysis, the area under the receiver operating characteristic curve was 0.97 (95% confidence interval, 0.90–1.00), indicating high discriminative power to identify patients who might be candidates for revascularization (>50% left main artery stenosis and/or >70% stenosis in any other epicardial vessel). Threshold optimization allowed either detection of these patients with 100% sensitivity at a reasonable false-positive rate (specificity, 76.5%; MSCT stenosis, >66%) or optimization of both the sensitivity and specificity (>90%; MSCT stenosis, >76%).

Conclusions Multislice computed tomography provides high accuracy for noninvasive detection of suspected obstructive coronary artery disease. This promising technology has potential to complement diagnostic invasive coronary angiography in routine clinical care.

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For editorial comment see p 2531.
olutions of the scanner technology for MSCT imaging have made scanners with 16 detector rows widely available. These scanners allow noninvasive coverage of the coronary tree within a single breath-hold of less than 25 seconds. Coronary tree images free of motion artifacts are available only in quiescent low-motion phases of the cardiac cycle. The duration of these phases is inversely related to heart rate, and all studies performed to date rely on heart rate reduction induced by β-blockers. For this study we used a commercially available scanner platform that offers increased temporal resolution incorporated in a 3-dimensional volume-oriented reconstruction approach. Temporal resolution is enhanced by combining the projection data from consecutive heart cycles, which may overcome the need to lower heart rate to below 65/min.

We therefore sought to assess the diagnostic accuracy of 16-slice MSCT scanning in a large cohort of patients with known or suspected CAD. In addition, we investigated how the newer MSCT technology performs in the setting of faster heart rate.

**METHODS**

**Patients**

From November 2003–August 2004, we enrolled 103 consecutive patients primarily with suspected CAD who were referred for conventional invasive coronary angiography. All were in sinus rhythm and able to sustain a 25-second breath-hold (tested during rehearsal on a gurney). Exclusion criteria included contraindications to iodinated contrast (ie, known allergy), renal dysfunction (serum creatinine level >1.36 mg/dL [120 µmol/L]), hyperthyroidism (thyrotropin level <0.44 mU/L), prior surgical revascularization, and acute coronary syndrome. The pretest probability for CAD was assessed according to American College of Cardiology/American Heart Association guidelines based on age, sex, and symptoms. The institutional review board of the University of Ulm approved the study, and written informed consent was obtained from all patients.

Patients were connected to an electrocardiographic monitor prior to scan initiation, and their resting heart rate was monitored for 1 minute. If the resting heart rate during that period was 75/min or greater, intravenous metoprolol was administered up to a maximum dose of 20 mg.

**Analysis Design**

A qualitative evaluation was performed to assess the accuracy of MSCT to detect significant lumen narrowing (defined as >50% diameter stenosis). In addition, quantitative coronary angiography (QCA) percentage measurements were compared with stenosis measurements generated by MSCT for culprit lesions in each patient. A supplemental segment- and vessel-based evaluation was conducted for comparison with previous work. The primary unit of analysis was the patient for both qualitative and quantitative approaches. Our secondary objective was to test the dependence of coronary segment image quality on heart rate during image acquisition.

**Segment- and Vessel-Based Evaluation**

Imaging data were processed with observers encoding one modality blinded to the results of the other. Conventional invasive coronary angiography and MSCT images were evaluated for the occurrence of greater than 50% lumen obstruction and encoded on a segmental basis. Deviating segment assignments were settled by adjudication of a reader uninvolved in the blinded analysis. After side-by-side comparison of the modalities, this reader was allowed to reassign MSCT segment measurements to the next adjacent neighbor without crossing vessel borders (one exception was defined for the intermediate branch, which could be reclassified as both the first diagonal or the obtuse marginal branch). However, applying changes to actual stenosis readings was not permitted. Stent-bearing segments were excluded because beam-hardening artifacts and partial volume effects impede reliable visualization of the coronary lumen. Segments with a diameter of 1.5 mm or greater, as defined on conventional invasive angiograms by QCA, were included.

For vessel-based analyses, the segments of 1 vessel branch were combined. The coronary tree was separated into the left main artery, left anterior descending artery, left circumflex artery (LCX), and right coronary artery (RCA). Vessels with single segment exclusions were marked as excluded for vessel-based analysis. Vessels with 1 or more obstructed segments were encoded as stenotic for comparison.

**Patient-Based Evaluation**

Patient-based analyses were conducted in 2 ways: including all patients regardless of segment or vessel exclusions, and excluding patients with partial coronary tree coverage due to 1 or more segments with low image quality.

For both approaches, true negative was defined as correct identification by MSCT of patients without disease. True-positive readings included all patients with at least 1 matched reading in any vessel regardless of correct classification as single-vessel or multivessel disease. False-positive and false-negative classifications were defined correspondingly with stenosis detection occurring in only one modality and unmatched readings in the other. The underlying concept to be tested was that a single positive MSCT reading would require referral to invasive coronary angiography, whereas a single false-negative reading on MSCT spoiled the accuracy potential.

In addition to the qualitative analysis, a culprit lesion was defined for each patient (highest percentage obstruction on QCA). Quantitative percentage stenosis estimates of the culprit lesion generated by QCA and quantitative CT measurements were compared.

**CT Imaging Protocol**

Patients were placed in a supine position for MSCT examinations using a
scanner with 16 detector rows (Brilliance 16, Philips Medical Systems, Cleveland, Ohio). Studies were preceded by scout acquisition. Test-bolus tracking was applied for precise timing of contrast injection. For acquisition of the helical scan, 1.2 mL per kg of body weight of iodinated contrast agent was administered followed by a 50-mL saline flush. The contrast flow rate was adapted according to the test-bolus acquisition (mean flow rate, 4 mL/s). An electrocardiogram was recorded during the continuous acquisition of CT data.

A 16 × 0.75–mm collimation scan protocol was applied at variable pitch settings of 0.2 to 0.3 (rotation time, 420 ms). Pitch settings defined the table feed that transported patients through the gantry during helical image acquisition.\(^\text{15,16}\) Settings were modified according to mean heart rate over at least 10 beats directly prior to scan initiation. A pitch value of 0.2 was used for heart rate less than 65/min, 0.24 for heart rate 65/min through 74/min, and 0.3 for heart rate of 75/min or more. A tube voltage of 120 to 140 kV and a current of 190 to 300 mA were applied according to the patient’s body weight. The average radiation dose applied for a typical patient was 8.1 mSv (tube current modulation off; 120 kV; 240 mA; patient weight, 75 kg; pitch, 0.2; scan length, 12 cm). Prospectively triggered x-ray tube current modulation centered around mid-diastolic cardiac cycle phases (75% of the R-R interval) was applied for all patients with a heart rate less than 65/min, resulting in a dose exposure of approximately 4.9 mSv (reduction dependent on heart rate). Depending on cardiac dimensions and pitch, the scan time varied between 16.6 and 24.5 seconds.

To obtain motion-free images, standard reconstruction windows were centered around mid-diastole (70%-80%, in 5% steps) for low heart rates (<65/min). For patients with higher heart rates (≥65/min), additional reconstruction windows were centered in end-systole (45%-60%, in 5% steps). A reconstruction algorithm encompassed 3-dimensional cone-corrected back-projection in combination with adaptive multicycle enhancements of temporal resolution, as described elsewhere.\(^\text{6,11,12,17,18}\) All images were reconstructed using a smooth-tissue filter kernel. The best cardiac phase reconstruction for further comparative analysis was determined in a side-by-side comparison of all phases.\(^\text{6}\) Phase selection was performed by 2 observers in consensus attempting continuous coronary vessel delineation without any stair-step artifacts and no blurring of vessel border definition.

Each individual coronary segment was assessed for appropriate diagnostic image quality. Three types of artifacts were identified: residual motion (caused by both respiratory and cardiac motion); partial-volume averaging of high-density objects, eg, calcified coronary plaques; and faint contrast opacification. Both beam hardening and partial-volume averaging resulted in oversizing of the artifact-producing object,\(^\text{6}\) which may obstruct the adjacent coronary lumen and compromise assessment of lumen patency.\(^\text{5}\) Residual motion became apparent either as an artificial lumen obstruction, which tended to be assessed as a false-positive reading, or as blurring of the vessel borders, which may prevent plaque detection, thereby resulting in false-negative readings.

Reading of MSCT images was conducted on maximum-intensity projections oriented in multiple viewing directions. They were supplemented by volume renderings and curved multiplanar reformation images with a center line threaded through the coronary arteries (FIGURE 1). Electronic calipers were used to measure coronary lumen diameter, which allowed percentage quantification of obstructive lesions according to the same standards as those applied in QCA.\(^\text{19}\)

### Coronary Angiography

Conventional selective invasive coronary angiography images were acquired using standard techniques. The mean (SD) interval between the MSCT scan and conventional coronary angiography was 16.3 (15.1) days. Coronary arteries were divided into segments according to American Heart Association classifications.\(^\text{20}\) Angiograms were evaluated by 2 readers blinded to the results of MSCT imaging. The percentage of lumen reduction of stenotic lesion sites was quantified using standard QCAPlus version 03.10.30 (Sanders Data Systems, Palo Alto, Calif).
NONINVASIVE CORONARY ANGIOGRAPHY WITH MULTISLICE COMPUTED TOMOGRAPHY

Statistical Analysis
Sample size was determined by power analysis for a single proportion.21 We hypothesized that MSCT should detect greater than 50% lumen narrowing, with a sensitivity of 80% or greater. The sample size was calculated for a power level of greater than 90%, an α error of .05, and an expected sensitivity of 92% or greater based on previous reports. Accuracy parameters are presented with 95% confidence intervals (CIs) based on binomial distributions. Quantitative percentage stenosis gradings were compared using Pearson correlation and Bland-Altman plots.22 The area under comparison using Pearson correlation and quantitative percentage stenosis gradings were based on binomial distributions. Quan-

ter stratification over increasing heart rate in 4 different groups. The segment inclusion rate within the 4 groups was compared using a 2-tailed χ² test. Statistics were computed using SAS version 9.1 (SAS Institute Inc, Cary, NC) and Excel-based ROC tools (Acomed, Leipzig, Germany).

RESULTS
A total of 128 patients were evaluated for enrollment; patients with a postsurgical revascularization status (n = 17), multiple premature ventricular contractions (n = 2), inability to sustain a 25-second breath-hold (n = 2), known allergy to iodinated contrast agents (n = 3), and hyperthyroidism (n = 1) were excluded. For the final sample size (N = 103), the achieved power was 93.2%. Characteristics of enrolled patients are summarized in Table 1.

The mean (SD) heart rate during scanning was 68.7 (11.6) (range, 45–111/min). Prospectively triggered tube current modulation was applied in 46 patients (44.7%). Segment adjudication was applied for 23 (22%) of the patients (descending RCA, n = 9; intermediate branch, n = 7; LCX branches, n = 5; left anterior descending branches, n = 2). Unresolved cases were either counted in the appropriate false-positive or false-negative categories (following sections), prospectively excluded due to low image quality on MSCT analysis, or excluded due to failing standard of reference for patients with coronary anomalies (n = 3). For the latter, insufficient contrast opacification due to failed selective cannulation was apparent on invasive coronary angiography films (RCA, n = 2; LCX, n = 1). Disease prevalence identified by invasive coronary angiography (stenosis >50%) was 56% (58/103).

Segment- and Vessel-Based Evaluation
One thousand three hundred eighty-four segments, each with a diameter of 1.5 mm or greater, were identified, resulting in 13.4 (SD, 2.2) segments for analysis per patient. Nondiagnostic image quality was identified in 88 (6.4%) of these segments, with image quality compromised by residual motion artifacts in the majority of cases (60 [68%]). Extensive coronary wall calcifications (17 [19%]) and low-vessel lumen opacifications (11 [13%]) were less apparent in this group. Motion artifacts were most frequently located in the mid RCA (n = 34) and increased significantly at higher heart rates (Table 2). Five segments deemed not assessable by MSCT (severe calcifications [n = 4] or motion artifacts [n = 1, proximal RCA]) showed significant obstructions on invasive coronary angiography films. These segments were prospectively judged not assessable and hence these patients were excluded without corruption of the potential accuracy of MSCT. Parameters calculated on a segmental basis are shown in Table 3. A sample case without stenosis is presented in Figure 2. Cases with matched positive readings are presented in Figure 3.

Eight segments were classified as false-negative. They were located in the LCX (n = 5) or its side branches (n = 2). A false-negative reading located in the
posterior descending artery (n = 1) was related to insufficient contrast opacification.

A total of 22 false-positive classifications occurred. They were related to severe vessel wall calcifications (n = 7) and residual motion (n = 15 [mid-RCA, n = 12; LCX, n = 3]). For the lesions with vessel wall calcifications, conventional invasive angiography revealed only minor wall irregularities or insignificant indentations (FIGURE 4).

The accuracy parameters for vessel-based evaluation are summarized in Table 3. All significant left main coronary artery obstructions (n = 4) were correctly identified by MSCT. All vessel occlusions (n = 21) were correctly detected on MSCT scans. Fifty-eight of the 403 assessable vessels (14.4%) had partial segments excluded due to artifacts (Tables 2 and 3).

**Patient-Based Evaluation**

The accuracy parameters for patient-based evaluation are summarized in Table 3. Excluding the 28 patients (27%) with only partial coronary tree coverage available, Multislice CT correctly identified 38 of the 45 patients (84%) without significant stenoses demonstrated by conventional invasive angiography. Two of 38 patients with CAD (3.4%) were not detected by MSCT. One proximal lesion in the posterior descending artery and 1 diagonal branch lesion were missed by MSCT due to inadequate opacification. Patients with single-vessel disease demonstrated by invasive coronary angiography (n = 22) were either correctly classified (15 [68%]) by MSCT or were misclassified as having multivessel disease (5 [23%]). Thirty patients with multivessel disease were correctly classified by MSCT, while the remaining 6 were classified as having single-vessel disease.

Quantitative comparison of stenosis grading using MSCT and invasive coronary angiography showed good correlation (r = 0.87, P < .001). Bland-Altman analysis revealed that CT measured a greater percentage of stenoses (bias, +12%; limits of agreement, −19% to +43%) (FIGURE 5). The AUC for identification of patients with stenoses eligible for revascularization was 0.97 (95% CI, 0.91-1.00; complete study cohort). Conducting the same analysis after exclusion of patients who had undergone percutaneous coronary intervention rendered the same AUC value of 0.97, with minimal widening of the confidence bounds (95% CI, 0.90-1.00). Applying QCA stenosis thresholds of greater than 50%, greater than 60%, and greater than 70%...
resulted in AUC values of 0.97 (95% CI, 0.91-0.99), 0.92 (95% CI, 0.84-0.96), and 0.97 (95% CI, 0.92-1.00), respectively. Threshold optimization for identifying patients appropriate for revascularization occurred at greater than 66% of MSCT stenosis quantification (100% sensitivity, 76.5% specificity). Optimization of both parameters occurred at greater than 76% MSCT stenosis grading (91.4% sensitivity, 91.2% specificity).

**COMMENT**

We found that, compared with invasive coronary angiography, MSCT has a high discriminative power to detect obstructive CAD. This is not only shown for the detection of the standard definition of significant disease, defined as greater than 50% lumen narrowing of the coronary artery, but also at other thresholds. The discriminative power of MSCT is high for identification of patients who are appropriate candidates for revascularization, ie, those with greater than 50% left main artery disease, greater than 70% stenosis in other epicardial vessels, or both. Threshold optimization showed that MSCT could detect these patients either with 100% sensitivity, at a false-positive rate still within reasonable limits, or that both sensitivity and specificity could be optimized beyond 90%. Correlation of the percentage of lumen quantification for MSCT and QCA was high, with MSCT systematically suggesting higher values. While the limits of agreement for this comparison appeared high at first consideration (−20% to 40%), they must be seen in perspective with the intramodality variability of invasive coronary angiography (−15% to 21%).

Because ROC analysis is independent of disease prevalence, results generated for our study cohort with an intermediate to high prevalence of disease may well be applicable to lower-risk populations. Therefore, MSCT using scanners with 16 detector rows has the potential to be routinely applied for identifying patients who, while suspect, are unlikely to have clinically significant disease. Our findings are consistent with multiple single-center studies showing consistently high accuracy and negative predictive values. The indication is limited by false-positive rates that consecutively reduce specificity and positive predictive value.
Multislice CT has the potential to become a valuable complement to invasive diagnostic angiography, but ideally a reliable visualization of the complete coronary tree is required. While only 6.4% of the coronary segments showed low diagnostic image quality, consistent with findings from other studies (6.6%, 7%), segmental exclusion rates are based on clustered evaluations. Segment-based exclusions due to low image quality correlated with 14% and 27% exclusion rates on vessel- and patient-based levels. Arguably only the patient-based level is clinically relevant. Because diagnostic decisions based on MSCT were derived from incomplete coronary tree coverage in 27% of our patients, this technology is not yet ready to challenge invasive coronary angiography as a true alternative. However, if the results generated with prior generations of CT scanners (4 detector rows, 32% exclusion rate) are extrapolated beyond the current generation (16 detector rows, 7% exclusion rate) to the scanner generation that is currently being introduced for clinical evaluation (up to 64 detector rows), reliability may increase very rapidly in the near future. The striking relationship of the number of detector rows to the reliability of image quality conveys a simplification that does not account for very important technical aspects of cardiac CT imaging.

Clinical data show that the standard currently available temporal resolution is not sufficient to cover the normal range of resting heart rates. This deficiency is corrected with β-blocker-induced heart rate reduction, which prolongs diastole and extends the phases of low cardiac and subsequent coronary motion to allow artifact-free imaging. Two strategies have emerged to increase temporal resolution. The first strategy is based on faster gantry rotation. The reconstruction of 1 CT frame depends on a 180° turn of the gantry; thus, temporal resolution increases linearly with shortening of the gantry rotation times. The second strategy, supported by our current data, is based on shortening the reconstruction window within a single heart cycle by segmenting the acquisition of image data over multiple heartbeats. An adaptive multicycle reconstruction approach combines data from consecutive cardiac cycles and enhances temporal resolution to an average of 140 ms.

Spatial resolution of MSCT is now in the submillimeter range but still does not match that of invasive coronary angiography. This study shows a reasonable correlation of quantitative measures acquired with the 2 modalities. Further improvements are needed for accurate delineation of the coronary lumen adjacent to high-density objects such as calcified plaque or stent struts. Such high-density objects extend beyond their true size into neighboring volume voxels on MSCT images. This problem may be alleviated by decreasing voxel size or increasing spatial resolution. However, with detector technology currently available, spatial resolution is dose-limited.

Figure 4. Sample Case in Individual With Stenosed Coronary Artery: False-Positive Reading

A. Multislice computed tomography (MSCT) in a 68-year-old man referred for MSCT imaging for suspected coronary artery disease. The MSCT findings represent a typical false-positive reading. Specifically, the MSCT image shows plaque located on the main left circumflex artery (LCX; arrowhead) in the atrioventricular groove. Subjective and objective assessment identified significant lumen narrowing. B, Conventional invasive coronary angiogram showing the lumen indentation caused by plaque impingement (arrowhead). However, quantitative coronary angiography did not identify significant (>50%) lumen narrowing; AP indicates anterior-posterior.

Figure 5. Bland-Altman Analysis of Stenosis Grading Using Multislice Computed Tomography (MSCT) vs Conventional Invasive Coronary Angiography

Dashed lines indicate 95% confidence limits; bold line, bias.
spatial resolution requires multiplication of the radiation dose by a power of 4 to keep image noise constant.31

In conclusion, we found that MSCT shows reasonably high accuracy for detecting significant obstructive CAD when assessed at a patient level. At its current stage of development, it may therefore be used to substantially reduce likelihood of clinically important CAD in patients with suspected disease. The appeal of MSCT compared with conventional coronary angiography is that it is noninvasive, avoiding most catheter-associated risks and discomforts with the exception of exposure to ionized contrast agents and radiation. With rapidly improving technology, MSCT may well evolve from a useful complement to invasive angiography to a clinically viable alternative.32

Author Contributions: Dr Hoffman had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.


Critical revision of the manuscript for important intellectual content: Hoffman, Schmitz, Lieberknecht, Schulze, Ludwig, Kroschel, Jahneke, Haerer, Brams. Obtained funding: Brams. Administrative, technical, or material support: Hoffman, Schmid, Lieberknecht, Haerer, Aschoff. Study supervision: Hoffman, Lieberknecht, Aschoff. Financial Disclosures: None reported.

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REFERENCES


men determine the right thing to do if they develop prostate cancer.

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CORRECTIONS

Omitted Author Degree: In the Original Contribution entitled “Acute Illnesses Associated With Pesticide Exposure at Schools” published in the July 27, 2005, issue of JAMA (2005;294:455-465), an author’s second degree was missing in the byline. The byline should have read Alan Becker, MPH, PhD.

Incorrect Data in Table: In the Original Contribution entitled “Noninvasive Coronary Angiography With Multislice Computed Tomography” published in the May 25, 2005, issue of JAMA (2005;293:2471-2478), the data in the last 2 columns of Table 3 on page 2475 were incorrect. These data should have read as follows:

Table 3. Diagnostic Accuracy of MSCT to Detect Stenoses of >50% Lumen Diameter Reduction

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56/58 (96 [88.1-99.6]) 43/45 (95 [89.5-100])
38/45 (84 [70.6-93.5]) 28/30 (93 [84.4-100])
56/63 (89 [78.4-95.4]) 43/45 (95 [89.5-100])
38/40 (95 [83.1-99.4]) 28/30 (93 [84.4-100])

*Including all patients for the analysis.
†Excluding 28 of 103 patients (27%) with only partial coronary tree coverage available.

I am a soldier, convinced that I am acting on behalf of soldiers. I believe that this war, upon which I entered as a war of defense and liberation, has now become a war of aggression and conquest. I believe that the purposes for which I and my fellow-soldiers entered upon this war should have been so clearly stated as to have made it impossible to change them, and that, had this been done, the objects which actuated us would now be attainable by negotiation.

—Siegfried Sassoon (1886-1967)