Sex, age at diagnosis, tumor thickness (or depth), and tumor ulceration are independent prognostic factors for cutaneous melanoma (CM).2–5 With tumor depth and ulceration being incorporated into the 2002 American Joint Committee on Cancer staging guidelines,2–4 however, previous studies examined only the proportion (or frequency distribution) of ulcerated to total CM without adjusting for the population at risk, consequently limiting meaningful comparisons among different age groups and sexes.2–5 Therefore, in this analysis, we assessed the incidence of ulcerated CM by tumor depth and stratified by sex among younger (10-39 years) and older (40-84 years) persons.

To examine CM trends, we used the National Cancer Institute’s large-scale and population-based Surveillance, Epidemiology, and End Results (SEER) database, a consortium of regional tumor registries with meticulous and consistent standards and data collection. The rates in SEER are considered nationally representative. To our knowledge, this is the first study to examine population-based incidence for ulcerated CM across a range of tumor thicknesses by sex and in different age groups.

Methods

The University Hospitals Case Medical Center Institutional Review Board approved this study. Melanoma case and population data were obtained from the National Cancer Institute’s SEER 17 program, which has a registries database that covers
approximately 26% of the US population, including tumor registries in Atlanta, Georgia; Connecticut; Detroit, Michigan; Hawaii; Iowa; New Mexico; San Francisco–Oakland, California; Seattle–Puget Sound, Washington; Utah; Los Angeles, California; San Jose–Monterey, California; rural Georgia; Alaska; greater California; Kentucky; Louisiana; and New Jersey.6

Demographic and melanoma tumor characteristics included sex, age at diagnosis, histologic subtype, tumor depth, and ulceration status. Because of a coding change for ulceration status in 2004 (Collaborative Stage Site-Specific Factor 2 ulceration),7 we incorporated data only from 2004 through 2008 to ensure consistency in coding. We included men and women between ages 10 and 84 years at diagnosis, where age at diagnosis was classified as “younger” for 10 to 39 years and “older” for 40 to 84 years based on the well-established changes in melanoma incidence that occur around age 40 in men and women.8-10 Non-Hispanic whites accounted for 93.2% of cases; therefore, we examined only non-Hispanic whites in the analysis. Using the International Classification of Diseases for Oncology, 3rd edition, we analyzed superficial spreading (code 8743) and nodular (code 8721) CM, the most common subtypes in younger and older individuals.11 We also added unclassified melanomas (code 8720), given the likelihood that they represent superficial spreading and nodular subtypes. We excluded cases of lentigo maligna melanoma and acral lentiginous melanoma since including these subtypes would bias our results, given their high incidence in older individuals and low incidence in younger people. Only the primary CM was used for analysis in those with multiple melanomas. Exclusion criteria were melanoma in situ, nonmicroscopically confirmed cases, diagnosis at autopsy or on the death certificate, and cases with unknown race, age, tumor depth, or ulceration status.

SEER*STAT 7.0.5 (produced by the Surveillance Research Program of the Division of Cancer Control and Population Sciences, National Cancer Institute, and includes software developed by the OpenSSL Project) was used to calculate incidence and incidence rate ratios (IRRs), both with 95% CIs, in 2 age and sex groups across 4 tumor depth categories (≤1.00, 1.01-2.00, 2.01-4.00, and ≥4.01 mm) by ulceration status. Incidence was calculated per 100 000 person-years and age adjusted to the 2000 US standard population. Incidence and IRRs were plotted on a log-linear scale by category of tumor depth and stratified by sex among younger and older persons. All statistical tests were 2-sided, with P < .05 considered statistically significant.

Results

In total, 42 347 patients with CM fit our inclusion criteria (Table 1), with 23 068 men and 19 279 women. Cutaneous melanomas were more frequent in the older (40-84 years) than in the younger (10-39 years) age group among both men and women. The number of CMs was higher in younger women compared with men but higher in older men compared with women. Of the 5106 patients with ulcerated CM, 3206 and 1900 occurred in men and women, respectively. Ulcerated CM was more common among older than younger persons.

The incidence of ulcerated CM also was higher among older than younger persons (Table 2). In younger individuals, ulcerated CM rates were similar among men and women, but in older people, these rates were higher among men compared with women. Rates were stable across tumor depth for younger men and older women. In younger women, rates were stable across the first 3 tumor depth categories but then fell in the thickest category (0.08 per 100 000 for tumor depth ≥4.01 mm). In older men, rates rose with increasing tumor depth (approximately 1.4 per 100 000 for tumor depth >2.00 mm).

To further examine the rates for ulcerated CM by tumor depth (Figure), we assessed the linear trend in the logarithm of the IRR for each category of tumor depth among younger and older persons for men (Figure, A) and women (Figure, B). There was a significant linear trend in the logarithm of the IRR among men (P = .01) but not among women (P = .34).

We then investigated whether the increase in tumor ulceration for T2 to T4 melanomas is related to histologic subtype. We noted the same trend for each age and sex group when analyzing nodular, superficial spreading, and unclassified melanoma separately, but the trend was not statistically significant for the men until we combined the histologic subtypes; for women, the trends were not statistically significant when the 3 histologic subtypes were examined separately or combined.

### Table 1. Frequency Characteristics of Cutaneous Melanoma in Non-Hispanic Whites From the Surveillance, Epidemiology, and End Results 17 Program From 2004 Through 2008

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Men (n = 23 068)</th>
<th>Women (n = 19 279)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age range, y</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10-39</td>
<td>2627</td>
<td>4393</td>
</tr>
<tr>
<td>40-84</td>
<td>20 441</td>
<td>14 886</td>
</tr>
<tr>
<td><strong>Histologic melanoma subtype</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Superficial spreading</td>
<td>1099</td>
<td>1927</td>
</tr>
<tr>
<td>Nodular</td>
<td>199</td>
<td>217</td>
</tr>
<tr>
<td>Unclassified</td>
<td>1329</td>
<td>2249</td>
</tr>
<tr>
<td><strong>Ulceration status</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Present</td>
<td>301</td>
<td>276</td>
</tr>
<tr>
<td>Absent</td>
<td>2326</td>
<td>4117</td>
</tr>
<tr>
<td>Unknown*</td>
<td>157</td>
<td>238</td>
</tr>
</tbody>
</table>

* Excluded from subsequent analyses.
Discussion

Similar to previous studies, we found that older men, aged 40 to 84 years, had the highest incidence rate of ulcerated CM. Furthermore, the incidence rate of ulcerated CM remained mostly stable for all age and sex groups across increasing tumor depth categories except in older men. These findings were unexpected since we hypothesized that the incidence of ulcerated CM would rise with increasing tumor depth for all age and sex groups. For comparison, we examined nonulcerated CM and did not observe significant differences in trends among different age and sex groups. Our results suggest that ulceration occurs at a fairly stable rate among older and younger women and younger men but at a higher rate for thicker tumors in older men. Furthermore, since we observed a significant linear trend in the logarithm of the IRR of ulcerated CM in older compared with younger men over increasing tumor depth, we conclude that age modifies the effect of tumor depth on ulceration in men. A significant trend was not observed in women, which could be a result of the loss of power in the thickest tumor depth category (>4.01 mm) in younger women. Our findings support the hypothesis that CMs are heterogeneous tumors, given the age-specific interaction among men, and further suggest that the etiology of ulceration is likely due to complex tumor-host interactions that should be investigated in future studies.

Limitations of our study include the potential incorrect histologic diagnosis of CM and CM subtype by the pathologist; mis-coding of subtype, tumor depth, age, or sex; and delayed reporting by practitioners in SEER. Another limitation is that the mitotic rate, a component of the current staging system for CM as of 2009, is not reported in the SEER database during the period of our study, preventing us from including this important prognostic factor for melanoma survival in our analysis. According to the American Joint Committee on Cancer staging system, ulceration is defined as the absence of an intact epidermis overlying a portion of the primary melanoma based on microscopic examination of the epidermis; however, this does not distinguish between traumatic ulceration and tumor ulceration. A major limitation of SEER is the potential for either inaccurate coding of ulceration or variation in interpret-
Male Sex and Ulcerated CM

Original Investigation Research

for stratification by histologic type of melanoma. However, population to those with microscopic confirmation, allowing quality, large sample size, and the ability to limit the study is in the same direction for all age and sex groups.

be underestimated but are not biasing our data since the trend is actually stable across increasing tumor depth for all age and sex groups except older men (40-84 years), in whom the incidence of ulcerated CM increased in thicker tumors. Among younger women, the incidence of ulcerated CM declined for the thickest lesions (≥4.01 mm), although the trend was not statistically significant. In contrast, among older men, there was a statistically significant increase in the incidence of ulcerated CM with a depth of 2.01 mm or thicker. Therefore, for men, age at diagnosis modifies the effect of tumor depth on ulceration. Additional studies with greater sample sizes are needed to verify our findings and to further understand the biologic differences and the complex tumor-host interactions that give rise to ulcerated melanomas.

Conclusions

Ulceration is an important independent prognostic factor for CM. We have demonstrated that the incidence of ulceration is actually stable across increasing tumor depth for all age and sex groups except older men (40-84 years), in whom the incidence of ulcerated CM increased in thicker tumors. Among younger women, the incidence of ulcerated CM declined for the thickest lesions (≥4.01 mm), although the trend was not statistically significant. In contrast, among older men, there was a statistically significant increase in the incidence of ulcerated CM with a depth of 2.01 mm or thicker. Therefore, for men, age at diagnosis modifies the effect of tumor depth on ulceration. Additional studies with greater sample sizes are needed to verify our findings and to further understand the biologic differences and the complex tumor-host interactions that give rise to ulcerated melanomas.

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Acquisition of data: Richardson, Anderson, Gerstenblith.

Analysis and interpretation of data: Anderson, Barnholtz-Sloan, Tucker, Gerstenblith.

Drafting of the manuscript: Richardson, Anderson, Gerstenblith.

Critical revision of the manuscript for important intellectual content: Anderson, Barnholtz-Sloan, Tucker, Gerstenblith.

Statistical analysis: Anderson, Barnholtz-Sloan, Gerstenblith.

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