Diffusion Abnormalities in the Primary Sensorimotor Pathways in Writer’s Cramp

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Objective: To determine whether there are diffusion abnormalities along the fibers connecting sensorimotor regions, including the primary sensorimotor areas and the striatum, in patients with writer’s cramp using voxel-based diffusion analysis and fiber tracking. Recent studies have shown structural changes in these regions in writer’s cramp.

Design: Patient and control group comparison.

Setting: Referral center for movement disorders.

Participants: Twenty-six right-handed patients with writer’s cramp and 26 right-handed healthy control subjects matched for sex and age.

Interventions: Clinical motor evaluations.

Results: Diffusion-tensor imaging revealed increased fractional anisotropy bilaterally in the white matter of the posterior limb of the internal capsule and adjacent structures in the patients with writer’s cramp. Fiber tracking demonstrated that fractional anisotropy changes involve fiber tracts connecting the primary sensorimotor areas with subcortical structures.

Conclusions: Diffusion abnormalities are present in fiber tracts connecting the primary sensorimotor areas with subcortical structures in writer’s cramp. These abnormalities strengthen the role of the corticosubcortical pathways in the pathophysiologic mechanisms of writer’s cramp.


W RITER’S CRAMP IS A task-specific form of primary dystonia. Structural imaging studies have shown the involvement of the sensorimotor circuit in dystonia. Early morphological imaging studies in patients with stroke reported that dystonia was observed after damage in several subcortical areas, including the basal ganglia, the thalamus, and less often the cerebellum, suggesting a role for the basal ganglia in dystonia. A common hypothesis to explain the pathophysiologic mechanisms of dystonia is that defects in the basal ganglia and particularly the indirect pathway result in impaired suppression of unwanted excessive muscle activity that is observed in dystonia. Subsequent progress in image analysis methods, such as voxel-based statistical comparisons in gray matter density, allowed the detection of structural changes in primary dystonia. Changes in gray matter density were reported in writer’s cramp in the basal ganglia, sensorimotor cortex, thalamus, and cerebellum. Similar imaging approaches allowed detection of gray matter changes in other forms of primary dystonia. These observations suggest that writer’s cramp may be associated with dysfunction not only of the basal ganglia but also of several brain structures interconnected within the sensorimotor network.

More recently, diffusion-tensor magnetic resonance imaging (DTI) has shown its ability to assess white matter integrity. In white matter, water diffusion is directionally dependent, predominating along the direction of axons. This property can be quantified using various objective measures, the most popular being fractional anisotropy (FA). Fractional anisotropy is computable using region-of-interest measurements or tractography, as well as voxelwise measurements, and quantifies diffusion anisotropy within a voxel. From DTI findings, axonal orientation within each voxel can be estimated on the basis of its alignment with the direction of fast diffusion. Then, by relating the predominant diffusion orientation among neighboring voxels, 3-dimensional pathways macroscopically representing axonal bundles can be obtained using the technique called tractography. With the use of DTI, changes in FA were reported in the subcortical white matter of the sensorimotor cortex in DYT1 carriers. Therefore, diffusion abnormalities may involve fibers connecting the sensorimo-
tor cortex with subcortical structures. In this report, we combined voxelwise cross-subject statistics and tractography to test this hypothesis and to evaluate white matter abnormalities in patients with writer’s cramp.

**METHODS**

**PARTICIPANTS**

The study included 26 patients with writer’s cramp (9 men and 17 women; age range, 21-63 years; mean [SD] age, 42.8 [13.2] years) and 26 control subjects matched for sex and age at the group level (11 men and 13 women; age range, 20-63 years; mean [SD] age, 41.5 [19.0] years). All of the patients were examined by a movement disorders specialist (M.V.). The inclusion criteria for patients included the presence of disabling writer’s cramp (task-specific dystonia triggered by writing, with no impairment during any other motor task) and the identification of a predominant abnormal posture or abnormal movement responsible for the difficulty in writing.14 No patient had received botulinum toxin in the past 6 months. Although writer’s cramp is said to be a condition with a male predilection, we had a female preponderance in our group of patients, which corresponds to our usually recruitment of patients.14,15 Controls were neurologically healthy subjects recruited from the departments of neurology and neuroradiology of our institutions through advertisements. None of the patients or controls were taking concomitant medication. The study was approved by the ethics committee and was in accordance with the Declaration of Helsinki. Informed written consent to participate in the study was obtained from all patients and healthy controls.

**IMAGING PROTOCOL**

All subjects underwent DTI at 1.5 T (GE Medical Systems, Milwaukee, Wisconsin) using a quadrature birdcage head coil for signal reception. The DTI axial sections were obtained using the following settings: repetition time, 10 seconds; echo time, 88 milliseconds; flip angle, 90°; matrix, 128 × 128; field of view, 380 × 380 mm²; slice thickness, 3 mm, no gap; 4 averages; and acquisition time, 5 minutes 20 seconds. Diffusion weighting was performed along 6 independent directions, with a b value of 900 s/mm². A reference image with no diffusion weighting was also obtained. The imaging volume covered most of the hemisphere (peak z score for the left hemisphere, 4.62 [MNI coordinates, −24, −24, and 12]; peak z score for the right hemisphere, 2.71 [MNI coordinates, 24, 24, and 12]; peak z score for the whole brain, 4.00). No patient had received botulinum toxin in the past 6 months. Although writer’s cramp is said to be a condition with a male predilection, we had a female preponderance in our group of patients, which corresponds to our usually recruitment of patients.14,15 Controls were neurologically healthy subjects recruited from the departments of neurology and neuroradiology of our institutions through advertisements. None of the patients or controls were taking concomitant medication. The study was approved by the ethics committee and was in accordance with the Declaration of Helsinki. Informed written consent to participate in the study was obtained from all patients and healthy controls.

**DTI ANALYSIS**

**Voxel-Based Diffusion Data Analysis**

We performed statistical parametric mapping (SPM) analysis using the SPM5 package (Wellcome Department of Neurology, Institute of Neurology, London, England). The non–diffusion-weighted (b0) images were normalized to the Montreal Neurological Institute T2-weighted template. The FA maps were then spatially transformed using the same settings and smoothed with gaussian kernels with a full-width at half maximum of 8 mm. To check for possible residual misalignment errors23 between the 2 groups of subjects, we visually compared the averaged normalized FA images of each group. There was no topological difference between the 2 groups, in particular in the area of the posterior limb of the internal capsule (Figure 1). We performed group comparisons using SPM5 and analysis of covariance. We used age as a confounding variable in all statistical analyses. All tests on FA were performed using an absolute FA threshold of greater than 0.2, such that voxels with FA values of less than 0.2 were not considered for analysis. This threshold restricts the analysis to consider white matter voxels only.23 For group analysis, we used a height threshold of P < .001 throughout the whole brain. We ultimately considered clusters of FA significant at P < .05 corrected for multiple comparisons. In the following paragraphs, we called these clusters FA abnormalities.

**Fiber Tracking and Template Creation**

To determine which fiber tracts were affected by the FA abnormalities evident in the voxel-based analysis, we performed fiber tracking using the FA abnormalities, transformed into the native space, as seeding points. The procedure included the following steps. The FA abnormality obtained during the voxel-based group comparison was first saved as a 3-dimensional image. This image was “denormalized” to the native space of each subject by using the deformation toolbox of the SPM5 software. For each subject, we computed the individual inverse transform of the b0 images and then applied this transformation to the FA abnormalities. We performed the fiber tracking using in-house software (Odyssee; Institut National de Recherche en Informatique et en Automatique, Odyssee Project Team). The fiber-tracking algorithm was based on the fiber assignment by means of the continuous tractography method24 with an FA threshold of 0.2 and a principal eigenvector–turning angle threshold of 30° between 2 connected pixels. The fibers created in the previous section were used for the creation of tract templates using SPM5 as follows: (1) fiber tracts were converted to binary masks (0 for pixels that did not contain fiber and 1 for pixels that contained fiber); (2) the normalization matrix calculated previously was applied to the masks of each subject’s tracts; and (3) the normalized binary masks of the 52 subjects were used to generate probabilistic maps, in which each pixel had information about the probability of containing a tract over the group of the subject (SPM5 software, P < .01, corrected for a false discovery rate).16

**Individual Fibers Statistical Analysis**

The resultant statistical maps of the population were used to quantify FA values at each z-coordinate in the normalized DTI space. For that, the probabilistic maps of the white matter tracts were superimposed on each normalized FA map to calculate the FA intensities along the tract using the following equation:

\[
FA = \frac{\Sigma (\pi \times FAi)}{\Sigma \pi} - \frac{\Sigma FAi}{\Sigma \pi},
\]

where \(\pi\) is the probability of the \(i\)th voxel occupied by the reconstructed tract divided by the total number of subjects, and FAi is the FA value of the \(i\)th voxel.

Differences between patients and controls were calculated along the superoinferior z-axis using an independent-samples \(t\) test. The level of statistical significance was set at \(P < .05\).
right hemisphere, 4.72 [MNI coordinates, 27, −27, and 12]), and in the white matter of the left posterior centrum semiovale (z score, 4.41 [MNI coordinates, −36, −48, and 15]). No area of decreased FA was found in patients.

DETERMINATION OF THE AFFECTED FIBER TRACTS

Fiber tracking performed using the FA abnormalities as seeding points showed that tracts passing through the area of FA abnormalities were directed to the primary motor or sensory areas (Figure 3) and to the brainstem. These connections were very consistent across subjects, observed for 51 of 52 hemispheres in the controls and in all of the patients. In 1 control, the tract reconstruction stopped in the area of the centrum semiovale.

Probability values were lower at the rostral end of the template in the vicinity of the primary sensorimotor cortex. In this area, there was a high interindividual variability in the trajectory of the tracts.

STATISTICAL ANALYSIS AND INDIVIDUAL FIBER TRACKING

The spatially normalized FA values over the craniocaudal course of the tracts for the 2 groups are shown in Figure 4. Fractional anisotropy varied widely along the tracts and had a similar course in the patients and controls. In the right hemisphere, FA was significantly increased from the up-
per part of the pons caudally to the level of the corona radiata cranially (z-coordinates, −6 to 36). In the left hemisphere, FA was significantly increased from the lower part of the posterior limb of the internal capsule to the level of the corona radiata cranially (z-coordinates, 0-30). Areas of significant differences between the patients and controls matched the voxel-based results.

Our results show FA abnormalities in the fiber tracts connecting the primary sensorimotor areas with subcortical structures in writer’s cramp. These abnormalities were detected at the level of the posterior third of the poste-
rior internal capsule. With the use of DTI, several studies have shown that this area includes the corticospinal tract. Fiber tracking confirmed the involvement of the corticospinal tract. Fractional anisotropy abnormalities shown by the voxel-based analysis probably also involved thalamocortical and corticostriatal fibers because the area of FA abnormality included parts of these structures adjacent to the internal capsule or was located in their vicinity. These findings suggest that writer’s cramp is associated with abnormal anatomical connectivity of the corticosubcortical sensorimotor structures and strengthen findings of the role played by sensorimotor structures and their connections in the pathophysiologic mechanisms of the disease.

Our results are in accordance with previous studies that demonstrated anatomical abnormalities in the corticosubcortical sensorimotor networks in local dystonia. Structural abnormalities have been reported in the bilateral periro-

**Figure 4.** Between-group comparison of fractional anisotropy (FA) measurements (y-axis) along the template tracts at each z-coordinate of the Montreal Neurological Institute template (x-axis) for the right (A) and left (B) hemispheres in patients and control subjects. Each point in parts A and B corresponds to data points at each z-coordinate. Mean (SEM) values of the mean z-coordinates at which FA was significantly increased in patients compared with healthy controls are indicated by the box. Template tracts (C) are overlaid on the mean anatomical images of the patients in the axial plane at z-coordinates 3, 17, and 30.
landic cortex and thalamus by using voxel-based morphometry in cases of writer's cramp.6,7 Functional abnormalities have also been described by using physiological and functional imaging methods in regions in which the voxel-based morphometry analysis showed structural abnormalities.22,23 Abnormal activation patterns during performance of motor tasks24-26 and abnormal fludeoxyglucose F 18 metabolism27-29 were reported in the primary sensorimotor areas and the basal ganglia. Disorganized representation of the fingers in the sensorimotor cortex30-32 or of body parts in the putamen32 were observed in patients with primary dystonia. Previous studies have also shown impaired corticospinal excitability in focal hand dystonia through the use of transcranial magnetic stimulation in the sensorimotor area.33

Diffusion abnormalities have already been reported in patients with dystonia. Increased FA was observed in the bilateral putamen and caudate nucleus.34,35 In contrast, reduced FA has been reported in the subgyral white matter of the sensorimotor area bilaterally in symptomatic and asymptomatic subjects carrying the DYT1 and DYT6 mutations.12,13

Manifesting carriers had a more pronounced FA reduction in this area compared with their nonmanifesting counterparts. Reduced FA was also reported in the dorsal pontine brainstem in the vicinity of the superior cerebellar peduncle.13 In cervical dystonia, reduced FA was reported in the frontal middle gyrus,36 the corpus callosum,35,32 and the right thalamus and nearby white matter.36 In a mix of 4 patients with cervical dystonia and 2 patients with hand dystonia, an abnormal hemispheric asymmetry in diffusion was observed in the region of the internal capsule and disappeared after administration of botulinum toxin.37 In contrast to previous results, we observed increased FA but no asymmetry in a larger series of patients when we used higher FA variability and could decrease the sensitivity of abnormal FA detection. Furthermore, higher sampling density can improve tractography in areas of fiber crossing such as the centroid semiovale, corresponding to an area of reduced FA.

In conclusion, this study suggests that writer’s cramp is associated with microstructural changes involving fibers that carry afferents and efferents to the primary sensorimotor cortex. However, it is unknown how these changes relate to the physiopathology of the disease.

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Error in Author Affiliation. In the Original Contribution titled “Diffusion Abnormalities in the Primary Sensormotor Pathways in Writer’s Cramp” by Delmaire et al, published in the April issue of the Archives (2009; 66[4]:502-508), an error occurred in the Author Affiliations paragraph on page 507. In that paragraph, the affiliation for Christophe Lenglet, PhD, was incorrect. The entire paragraph should have appeared as follows:

“Author Affiliations: Department of Neuroradiology, Centre Hospitalier Régional Universitaire Roger Salengro, Lille, France (Dr Delmaire); Center for Neuroimaging Research (Drs Delmaire, Valabregue, and Lehericy), Institut National de la Santé et de la Recherche Médicale (INSERM) U610 (Drs Delmaire and Lehericy), Departments of Neurology (Drs Vidalh et et Sangla) and Neuroradiology (Dr Lehericy), and INSERM U679 (Dr Vidalh), Groupe Hospitalier Pitié-Salpêtrière, Université Pierre et Marie Curie-Paris, and Department of Neurology, Hôpital Foch (Dr Bourdain), Paris, France; Institut National de Recherche en Informatique et en Automatique, Odyssee Project Team, Sophia Antipolis, France (Mr Wassermann and Drs Descoteaux, Lenglet, and Deriche); and Department of Physiology, Centre Hospitalier Universitaire Nantes, Nantes, France (Dr Terrier). Dr Lenglet is now with the Center for Magnetic Resonance Research, Departments of Radiology and Electrical and Computer Engineering, University of Minnesota, Minneapolis.”