Efficacy of Plinabulin vs Pegfilgrastim for Prevention of Chemotherapy-Induced Neutropenia in Adults With Non–Small Cell Lung Cancer
A Phase 2 Randomized Clinical Trial

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IMPORTANCE Plinabulin is a novel, non–granulocyte colony-stimulating factor (GCSF) small molecule with both anticancer and neutropenia-prevention effects.

OBJECTIVE To assess the efficacy and safety of plinabulin compared with pegfilgrastim for the prevention of chemotherapy-induced neutropenia following docetaxel chemotherapy in patients with non–small lung cancer.

DESIGN, SETTING, AND PARTICIPANTS This was a randomized, open-label, phase 2 clinical trial of 4 treatment arms that was conducted in 19 cancer treatment centers in the United States, China, Russia, and Ukraine. Participants were adult patients with non–small cell lung cancer whose cancer had progressed after platinum-based chemotherapy. Data were collected from April 2017 through March 2018 and analyzed from August 2019 through February 2020.

INTERVENTIONS All patients received docetaxel 75 mg/m² on day 1 and were randomly assigned to 1 of 3 doses of plinabulin (5, 10, or 20 mg/m²) on day 1 or to pegfilgrastim 6 mg on day 2. Patients were treated every 21 days for 4 chemotherapy cycles.

MAIN OUTCOMES AND MEASURES The primary end point was the determination of the recommended phase 3 dose of plinabulin based on the days of severe neutropenia during chemotherapy cycle 1. Daily complete blood cell counts and absolute neutrophil counts were drawn during times of anticipated neutropenia during cycle 1.

RESULTS Of the 55 patients randomized and evaluated, the mean (SD) age was 61.3 (10.2) years, and 38 (69.1%) were men. With each escalation of the plinabulin dose, the incidence of any grade of neutropenia decreased. There were no significant differences in mean (SD) days of severe neutropenia among those treated with pegfilgrastim (0.15 [0.38] days) when dosed at day 2 vs plinabulin 20 mg/m² (0.36 [0.93] days; P = .76) when dosed at day 1, and no safety signals were detected.

CONCLUSIONS AND RELEVANCE Single dose-per-cycle plinabulin has a similar neutropenia protection benefit as pegfilgrastim. Plinabulin 40 mg fixed dose, which is pharmacologically equivalent to 20 mg/m², will be compared with pegfilgrastim 6 mg in the phase 3 portion of this trial. Noninferior days of severe neutropenia will be the primary end point, and bone pain reduction, thrombocytopenia reduction, and quality of life maintenance will be secondary end points.

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**Key Points**

**Question** What is the recommended phase 3 dose of the non–granulocyte colony-stimulating factor small molecule plinabulin for prevention of chemotherapy-induced neutropenia in adults with non–small lung cancer (NSCLC)?

**Findings** This randomized phase 2 clinical trial of 55 patients with NSCLC compared 3 plinabulin doses (5, 10, and 20 mg/m²) with pegfilgrastim 6 mg in patients receiving intermediate febrile-neutropenia risk chemotherapy. The plinabulin 40-mg fixed dose, which is equivalent to the 20 mg/m² dose, given on the same day as chemotherapy had the same duration of days of severe neutropenia as pegfilgrastim, the current standard of care.

**Meaning** This study found that fixed-dose plinabulin was noninferior to pegfilgrastim in duration of severe neutropenia and will be compared with pegfilgrastim in a phase 3 trial of patients with NSCLC to confirm these results.

**Methods**

**Study Design and Patient Eligibility**

This multicenter, open-label, randomized phase 2 study enrolled adult patients with advanced or metastatic non–small cell lung cancer (NSCLC) who had disease progression after platinum-based therapy and had an adequate hematopoietic, hepatic, and renal function; an Eastern Cooperative Oncology Group performance status of 0 or 1, and 1 or more risk factors requiring primary neutropenia prophylaxis. Exclusion criteria included concurrent administration of chemotherapy or radiation therapy, active infection, or the use of strong cytochrome P450 3A4 inhibitors. Full eligibility criteria are listed in the trial protocol (Supplement 1).

Patients were randomized 1:1:1:1 on study entry into 1 of the 4 treatment arms through use of Suvoda, an interactive web response system. The phase 2 portion of this study was initially blinded but was amended after 6 patients were enrolled to an open label to facilitate pharmacokinetic and pharmacodynamic (PK/PD) sampling. No interim analysis of this phase 2 portion of the trial was planned. All patients gave informed consent, and appropriate treatment site institutional review boards oversaw and approved the study. The Consolidated Standards of Reporting Trials (CONSORT) reporting guidelines were followed.

**Procedures**

Patients received docetaxel 75 mg/m² on day 1 and were randomly assigned to either pegfilgrastim 6 mg on day 2 or to plinabulin 5, 10, or 20 mg/m² given over 30 minutes, 30 minutes after docetaxel on day 1, and no day 2 treatment. Patients were to be treated every 3 weeks for 4 treatment cycles. Docetaxel premedication with corticosteroids was specified for all cycles, and dose reductions were specified for cycles 2 through 4. Complete blood counts and ANC were drawn at the same time each day and measured at a central laboratory at a pretreatment screening visit; on days 1, 2, 6 through 10, and 15 of cycle 1; on days 1 and 8 of cycles 2 through 4; at the end of treatment; and at a 30-day end of treatment follow-up. Cycle 1, day 1 preinfusion and postinfusion blood pressure (BP) was measured every 15 minutes for approximately 4 hours with an automated device, and pretreatment BP on day 1 and at day 8 was recorded for all cycles, as well as frequently during cycle 1 and at plinabulin preinfusion and postinfusion in each cycle. Bone pain was evaluated with the Brief Pain Inventory Short Form questionnaire prior to study drug infusion on day 1 and on days 2, 3, 5, 7, 9, and 21 of cycle 1. Health-related quality of life was evaluated by the European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 and EuroQol Group, 5-level questionnaire collected before docetaxel infusion on day 1 of each cycle.
End Points and Assessment
The primary efficacy objective of this study was DSN in cycle 1. Days of severe neutropenia was defined as the number of days with an ANC of less than $0.5 \times 10^9$ cells/L, equivalent to days of grade 4 neutropenia. The primary safety objectives were adverse events and BP on day 1 within 4 hours after docetaxel infusion.

Pharmacokinetics and Pharmacodynamics
For pharmacokinetic modeling, blood was taken at predose, at end of infusion, and at 60 minutes, 4.5 hours, and 24 hours postinfusion for plasma plinabulin concentration. For pharmacodynamic relationship modeling, exposure-ambulatory BP measurement (ABPM), exposure-corrected QT, and exposure-neutropenia were characterized using a sequential PK/PD modeling approach using NONMEM software (ICON Development). The cosine model was used for the plinabulin exposure-ABPM association to account for the circadian rhythm of ABPM. A semiphysiological model characterized the time course of neutropenia in the exposure-neutropenia model. The effect of plinabulin and docetaxel were best described with maximum effect of drug concentration models. Simulations summarized DSN and severity of neutropenia, computed as the area below the threshold of 0.5 $\times 10^9$/L and above the ANC-time response curve in the first chemotherapy cycle (area over the curve) to determine the most efficacious dose of plinabulin in reducing docetaxel-induced neutropenia.

Statistical Analysis
The intent-to-treat and safety analysis data sets included all patients randomized and receiving at least 1 dose of study medication. To estimate DSN, we assumed that the shape of the ANC recovery curve in patients treated with plinabulin is indistinguishable from filgrastim and its biosimilars. Mean values and standard deviations of ANC were available and used to generate random ANC data that asymptotically have the same means and standard deviations, and also generate the projected number of DSN. Deming regression was used to calculate the linear association between simulated nadir and DSN. Calculated mean DSN was 0.065 days for the plinabulin and docetaxel arm, and 1.076 days for docetaxel alone. Based on published data with filgrastim in patients receiving docetaxel, we assumed that grade 4 neutropenia in cycle 1 would occur at twice the frequency with G-CSF and docetaxel vs plinabulin and docetaxel, resulting in a presumed mean DSN of 0.13 days for the G-CSF and docetaxel combination.

Data were presented using descriptive statistics (eg, mean, median, standard deviation, and range for continuous variables, and as integers and percentages for categorical variables). For continuous variables, methods of longitudinal assessments using mixed models were applied. Overall treatment effects were estimated (over the course of the treatment period), as were pairwise effects at individual time points. For categorical variables, $\chi^2$ tests or other appropriate statistics were applied. The trial was powered to accept a noninferiority margin for plinabulin to pegfilgrastim with 0.65 DSN in cycle 1. Reported P values were 1-sided and considered significant $P = .025$. SAS, version 9.4 or higher (SAS Institute), and Stata, version 15.1 (StataCorp LLC), were used for the analysis.

Results
Patients and Treatment
From April 2017 to March 2018, 55 patients were enrolled from 19 sites (Figure 1). The demographic and baseline characteristics were well balanced. No differences in medical history were apparent (eTable 1 in Supplement 2). Relative chemotherapy dose intensity delivered for all treatment arms across the 4 cycles is shown in eTable 2 in Supplement 2.
in minimizing DSN and maximizing the ANC area above the
difference in DSN between plinabulin 20 mg/m² and pegfil-grastim (\(P = .755;\) Table). The plinabulin 20-mg/m² dose was most effective
testing (20 mg/m²) had a numerically lower frequency of
escalation of the plinabulin dose, the incidence of any grade
effect on neutropenia is shown in Figure 2B. With each
grade 4 neutropenia compared with pegfilgrastim (\(P = .460;\) Table).

Safety

Adverse Events

Plinabulin was well tolerated at each dose level. Nonneutrophil hematologic toxic effects were similar among the 4 treatment arms (eTable 4 in Supplement 2). Other nonhematologic toxic effects with use of plinabulin 20 mg/m² included alopecia (n = 4), diarrhea (n = 3), and bone pain (n = 1), none of which were grade 3 or 4 (eTable 4 in Supplement 2 and a full listing of all events in eTable 5 in Supplement 2). Three patients were withdrawn from the study with treatment-related adverse events. In the plinabulin 20 mg/m² treatment arm, one patient was withdrawn following an event of weakness, dehydration, hypotension, neutropenia, septic shock, and vomiting, and one patient was withdrawn following a febrile neutropenic event. One patient in the plinabulin 5 mg/m² treatment arm was withdrawn after having pneumonia.

Overall, 8 patients (2 in each treatment arm) had a total of 11 treatment-emergent serious adverse events (SAEs), though no single event was reported as serious in more than 1 patient and all are consistent with chemotherapy effect. The number of SAEs was slightly higher in the plinabulin 20 mg/m² arm (5 SAEs: asthenia, dehydration, septic shock, and vomiting in 1 patient, and febrile neutropenia in another patient), compared with the pegfilgrastim (2 SAEs) and the plinabulin 5 mg/m² (2 SAEs) and 10 mg/m² (2 SAEs) treatment arms. One patient death occurred in each of the treatment arms in patients with refractory lung cancer. The investigator determined deaths were caused by respiratory failure onset in day 10 of cycle 1 with pegfilgrastim, septic shock onset in day 4 of cycle 1 with plinabulin 20 mg/m², hemoptysis onset inday 9 of cycle 1 with plinabulin 10 mg/m², and pneumonia onset in day 8 of cycle 2 with plinabulin 5 mg/m². No deaths were considered by the investigators to be related to the study drug.

Blood Pressure

No detectable changes in every 15-minute BP measurements occurred among the 3 plinabulin treatment arms during day 1 of cycle 1. The median systolic and diastolic BP and heart rate (as the change from baseline) were similar for the plinabulin 20 mg/m² and the pegfilgrastim 6 mg treatment arm (eFigures 1, 2, and 3 in Supplement 2). As pegfilgrastim was given on day 2, the BP taken on day 1 with pegfilgrastim therapy serves as a no-treatment or placebo control. Pre-treatment BP on day 1 and day 8 and BP and heart rate at day 15 were also not different throughout all 4 cycles among the treatment arms (eFigures 4, 5, and 6 in Supplement 2).

Hospitalizations

Hospitalizations rates (all cause) among the 3 plinabulin arms and the pegfilgrastim arm were similar across all 4 treatment cycles (eTable 7 in Supplement 2).
Infections
The incidence of infections among the three plinabulin arms was similar throughout the study. The incidence of infections was similar for the plinabulin 20 mg/m² and the pegfilgrastim 6 mg treatment arm (eTable 6 in Supplement 2).

Quality of Life, Bone Pain, and Thrombocytopenia
Fifty-five patients had evaluable quality of life information. Plinabulin 20 mg/m² showed a significant improvement in global health status ($P < .001$) vs pegfilgrastim (Figure 3A). When compared with their baseline state, patients treated with plinabulin 20 mg/m² significantly benefited in fatigue ($P = .032$; eFigure 10 in Supplement 2), pain ($P = .027$; eFigure 11 in Supplement 2), and insomnia ($P = .05$; eFigure 12 in Supplement 2), compared with the symptomatic deterioration in patients treated with pegfilgrastim.

During the first chemotherapy cycle, 41 patients had evaluable Brief Pain Inventory Short Form information. For the patient-reported outcome of worst bone pain in the past 24 hours, patients in the plinabulin 20 mg/m² arm reported minimal to no bone pain. In contrast, patients in the pegfilgrastim 6 mg arm reported pain from day 3, which peaked on day 7 (90% change) before declining (Figure 3B). For the patient-reported average bone pain in the past 24 hours each day during cycle 1 expressed as a percentage change from baseline pain using the Brief Pain Inventory Short Form. Error bars indicate 95% CIs; a negative score indicates less pain. C, Patient response to the measure of bone pain on average in the past 24 hours each day during cycle 1 expressed as a percentage change from baseline pain using the Brief Pain Inventory Short Form. Error bars indicate 95% CIs; a negative score indicates less pain. C, Patient response to the measure of bone pain on average in the past 24 hours each day during cycle 1 expressed as a percentage change from baseline pain using the Brief Pain Inventory Short Form. Error bars indicate 95% CIs; a negative score indicates less pain.

### Exploratory Efficacy End Points

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Figure 4. Neutrophil Toxicity in Previous Phase 2 Study of Docetaxel for Patients With Non–Small Cell Lung Cancer

Neutrophil toxicity in a previous study conducted among patients with non-small cell lung cancer who were treated with docetaxel 75 mg/m² on day 1. Incidence of grade 4 neutropenia (absolute neutrophil count <0.5 × 10⁹ cells/L) on day 8 in the 40 patients treated with plinabulin 20 mg/m² (2.6%) or the 55 patients treated with plinabulin 30 mg/m² (4.3%) was compared with 31% in the anticancer program. 24 Other adverse events and toxic effects were similar across the treatment arms and are largely equivalent to the plinabulin 20-mg/m² dose. The equivalent dose and also shows that a plinabulin 40-mg fixed-dose is docetaxel alone.

Recommended Plinabulin Dose for Phase 3 Study
Plinabulin 20 mg/m², starting 30 minutes after completion of docetaxel chemotherapy, is the recommended phase 3 dose for testing in the supportive care setting. We base this conclusion on the study end point achieved at the plinabulin 20 mg/m² dose within the prespecified noninferiority margin, the dose-response relationship of neutropenia seen with the 5, 10, and 20 mg/m² doses, and the absence of hypertension and gastrointestinal toxic effects at the 20 mg/m² dose (these toxic effects are seen at the 30 mg/m² day 1 and day 8 dosing used in the anticancer program). 24 Other adverse events and toxic effects were similar across the treatment arms and are largely attributable to the docetaxel chemotherapy (eTable 4 in Supplement 2).

The PK/PD analysis confirms the recommended phase 3 dose and also shows that a plinabulin 40-mg fixed-dose is equivalent to the plinabulin 20-mg/m² dose. The equivalence was arrived at through the use of a semiphysiological population docetaxel-plinabulin combination treatment exposure–efficacy model. The model was developed to characterize plinabulin-induced prevention of docetaxel-induced neutropenia, with simulation of a virtual population of 2800 patients who were administered different fixed doses (20, 40, 60, or 80 mg) of plinabulin infused 30 minutes after a 1-hour infusion of docetaxel 75 mg/m², and compared with the performance of the 20 mg/m² body surface area-based dose of plinabulin (eFigure 10 in Supplement 2).

Exploratory End Points: Bone Pain, Patient-Reported Outcomes, and Thrombocytopenia
Use of pegfilgrastim was associated with more bone pain and more reduction in self-reported health outcomes than use of plinabulin. Bone pain is a noteworthy toxic effect associated with pegfilgrastim. 25,26 In patients who had no bone pain at study entry, there was no bone pain after day 3 in the plinabulin 20 mg/m² arm, while 35% of patients in the pegfilgrastim arm reported bone pain. Patients in all plinabulin arms also experienced less thrombocytopenia than patients receiving pegfilgrastim, with no patient experiencing any grade of thrombocytopenia. Patients treated with docetaxel and plinabulin 20 mg/m² reported a lower reduction in patient-reported health outcomes compared with patients treated with docetaxel and pegfilgrastim.

Clinical Confirmation of the Mechanism of Action Difference Between Plinabulin and Pegfilgrastim Observed in Preclinical Models
With pegfilgrastim, the ANC nadir occurred in the first week of the cycle on day 6, and the ANC nadir was deep and the recovery duration narrow (Figure 2A). With plinabulin, the ANC nadir occurred in the second week on day 9, and the nadir was shallow and the recovery curve was broad. These differences are consistent with preclinical observations of a different mechanism of action for plinabulin compared with the G-CSF-derived therapies pegfilgrastim and filgrastim. 11,14 Granulocyte colony-stimulating factor demarginates mature neutrophils and accelerates maturation and proliferation of neutrophil precursors. In contrast, plinabulin does not influence the time course of circulating neutrophil recovery after docetaxel chemotherapy. We postulate, based on the shape of the clinical neutrophil recovery curves and the in vitro data, that protection of hematopoetic stem cells from docetaxel-induced damage explains plinabulin's neutrophil protective effects.

Limitations
The sampling duration of postchemotherapy ANC and complete blood count was limited for patient convenience and may have missed events later in the chemotherapy cycle. We are reassured by our observation that both plinabulin 20 mg/m² and pegfilgrastim were equally effective against grade 4 neutropenia frequency, and all patients had ANC kinetics that trended toward recovery at the last ANC measurement on day 15 of cycle 1.

Although only 14 patients were treated in this trial with the recommended phase 3 dose of plinabulin 20 mg/m², there is more clinical information with this dose. In a previously conducted phase 2 study of docetaxel for patients with NSCLC, 40 patients were treated with the plinabulin 20 mg/m² dose. 13 Day 8 grade 4 neutropenia developed in 2.6% of patients treated with plinabulin in contrast with 31% of patients treated with...
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